KEY NOTES

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The purpose of the Flute Society of Saint Louis is to provide our members with events that showcase the flute in quality musical programs and address other integral aspects of flute playing and musicianship.

SAVE THE DATE:



MO District Clinics

Sunday, October 7, 2018

Lindenwood University 2300 West Clay St. St. Charles, MO

Flute Day 2019

Saturday, February 23, 2019 Saturday, April 6, 2019

SIUe Dunham Hall Edwardsville, IL

10th Annual Trivia

Wild Acres Banquet Hall 2500 Ashby Rd. Overland, MO



Message from the President

Hello Flutists! I hope everyone is having an amazing summer. Sadly, it is coming to an end for many of our teachers. I am happy to announce that 2017-2018 was yet another successful season for the books. My personal favorite was our annual Flute Day with guest artist Jill Felber. Ms. Felber has always been one of my flute idols, so getting to work with her from the "business" side was a dream come true. My appreciation goes out to all of the board members, as this season would not have been a success without their volunteered help, time, talent, and

resources. This organization is so lucky to have such extremely dedicated board members that believe in making FSSL a huge success! I am so proud to be a part of a strong and supported organization!

Exciting new things will be happening this year for FSSL as we welcome new board members Jake Hathaway and Resilda Lala as well as prepare for our 10th Annual Trivia Fundraiser, make arrangements for our fall District Clinics for area high school students, and the annual Flute Day with featured guest artist, Amy Porter. Be sure to check out all of the details for these events on our website. Speaking of, the Board recently hired Robin Barton, web designer, to give our website a brand new makeover. Stay tuned for the launch of this new site in the near future.

I would also like to announce that there will be some changes with the FSSL Flute Choir, starting with new director Nicholas Baker. Nick is currently processing ideas on how to get the flute choir to better serve the community. There will be more information regarding concert dates and rehearsals soon.

It is going to be another wonderful year! I hope to see as many of you as possible at our events!

All the best, Shelly Monier, FSSL President

DONATIONS WELCOME!

FSSL strives to bring high quality and interesting programming to St. Louis to benefit the community. As a not-for-profit organization, the expense of providing our programming is always a concern. We rely heavily upon membership fees and donations so that we can continue to bring this caliber of programming to you. Please note that FSSL is a 501(c)(3) organization, and donations that you make will be tax deductible (please consult your tax advisor if you have any questions). We thank you for your support, as your contributions will continue to keep FSSL a financially strong organization.

2018-2019 Events

MO DISTRICT FLUTE CLINICS



FSSL will be hosting clinics for high school students in the St. Louis area that will provide coaching for the upcoming district auditions. Each student will participate in a masterclass, get a one-on-one coaching session with our flute teachers, and have a chance to perform the mock audition in front of a panel of judges. This event will take place on Sunday, October 7 from 2:00-5:00 p.m. at Lindenwood University - St. Charles campus. This is a free event for FSSL members, \$10.00 for non-members, and free for parents and band directors. For more information and the application, please visit our website at www.flutesocietyofsaintlouis.com.

FLUTE DAY 2019

Flute Day is scheduled for **Saturday, February 23, 2019** on the campus of SIU Edwardsville with featured guest artist Amy Porter, international icon and flute professor at University of Michigan. This year's events will include the College and High School Young Artist Competitions, morning warm-ups, Middle/High School masterclasses, topics of conversation for flutists of all ages, featured masterclass with Ms. Porter, and an evening concert with Amy Porter & Trio Virado. To receive early registration prices, applications must be received by Friday, February 15, 2019 and the application deadline for the masterclasses and competitions is Friday, January 25, 2019. For more information, please visit our website at: www.flutesocietyofsaintlouis.com





10TH ANNUAL TRIVIA NIGHT

FSSL would like to invite you to attend our 10th Annual Trivia Night on Saturday, April 6, 2019 at 7:00 p.m. at Wild Acres Banquet Hall. This will be our "big" 10th anniversary so you don't want to miss what we have in store. If you have any questions or would like to reserve your tables now, please send us an email at flutesocietyofsaintlouis@gmail.com.

Flute Choir News

FSSL welcomes vice president, Nick Baker, as our new flute choir director for the 2018-2019 season. Plans are well underway for an exciting season. Be sure to check our website or email Nick for more information. We can't wait to share our exciting music with you.

www.flutesocietyofsaintlouis.com







New members are welcome throughout the season. This is a great time to join!

First meeting and reading rehearsal will take place on Sunday, September 9, 2018 starting at 6:00 p.m.



The Flute Choir rehearses on Sunday evenings at St. Mark's Lutheran-Elca Church from 6:00-8:00 p.m.

Address

6337 Clayton Rd., St. Louis, MO 63117

Please contact Nicholas Baker for more information at nbakerpf@gmail.com

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MEMBER SPOTLIGHT: Maile Mills

Describe your musical background.

I graduated from McKendree University (Lebanon, IL) in 2015 with a dual degree of a Bachelor of Arts in Music, with a specialization in flute performance and a Bachelor of Arts in Sociology, with a specialization in criminal justice. Why the weird combo? Simply because I loved both subjects of music and sociology so much, I couldn't justify to myself why I had to give one or the other up...so I studied both. I most recently graduated from Eastern Kentucky University (Richmond, KY) with a Master of Music, with a specialization in flute performance in August 2017, following the publication of my Master's thesis "Investigating Twenty-five Volumes of The Flutist Quarterly: A Content Analysis." Currently, I teach private lessons at Highland Middle School and I perform professionally with the Edwardsville Municipal Band in Edwardsville, IL and the Highland Municipal Band in Highland, IL.

Do you have any musical highlights you would like to share and/or what is your most notable or personally satisfying accomplishment?

Some musical highlights in my career that I am very proud of include being a winner of the McKendree University Concerto Competition in 2014 and being a finalist in the Eastern Kentucky University Symphony Orchestra's 2017 Concerto Competition. However, I am most proud of having several of my private flute students place in music honors festivals, earn seats in their top music ensembles, and achieve great success in their school's music program.

Do you have a favorite practice routine? Can you describe it?

Once I started working full-time following graduate school, I've quickly realized that I don't have very much time to practice throughout the week anymore. It is quite the challenge! I've changed my practice routine to be more time efficient compared to when I was in music school, so nowadays, every single second has to be quality practice time. I start by using Trevor Wye's harmonics exercises, followed by either scales or an etude. Sometimes I'll substitute orchestral/operatic excerpts instead of the etudes. Finally, I'll use the last bit of the session to work on various music projects/pieces that I have goals for. If I have piccolo pieces/excerpts that I'm working on for the month, I will switch back and forth between flute and piccolo throughout my practice session because I find that having the flip-flop experience between the two instruments helps me to be able to play both piccolo/flute back to back in ensembles and performances.

Describe any other hobbies you have.

I would have to say that, currently, my favorite hobbies include recreational target shooting, amateur baking and cooking, and watching my favorite YouTubers (JustAnotherFlutist, Achievement Hunter, The Domestic Geek, and Vet Ranch to name a few!). Some of my favorite TV shows include *The Wire, Game of Thrones, West World*, and *Stranger Things*. I also love watching HGTV shows for inspiration for when I get chances to decorate my home and practice expressing my inner interior designer personality.

What is your favorite style of music to listen to? to perform?

My favorite style of music to listen to would probably be any and every genre except for rap. I personally love *Metallica*, *Skillet*, and *Anna Kendrick* as artists, and if I could only keep one genre, it would definitely be the music from the 80's. My favorite style music to perform would probably have to be the scores and soundtracks to musicals. I think musicals and their soundtracks are just beautiful in the way that your own imagination can just picture and create the story, much like reading a book and having an interesting and fun movie play in your head as you read the pages.

Do you have any advice for aspiring flutists?

My advice for aspiring flutists would be to study and take flute lessons from as many different teachers as possible. I believe that I've pieced together my own little way of practicing, studying, and working in the flute world based on many various building blocks and pieces of advice from all of my different teachers from flute and piccolo lessons, masterclasses, summer workshops, and flute events like the National Flute Association's annual convention. I am thankful to have so many different tools in my career from all of my teachers, and they have all helped build me into the professional that I am today. Mahalo!

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Helpful Hints for Choosing a Professional Model Flute By: Taylor Poenicke

Buying a new flute is an exciting process but can also be a bit overwhelming. Luckily, there are a few tips that can help you be sure that you pick the perfect flute for you with minimal stress. Before you begin flute shopping you must have a plan. There are many different flute vendors out there, all with different flutes in stock, so be sure to go through multiple places so you do not limit your options. Some reputable shops are: Flute Center of NY (FCNY), Flute Specialists, Flute World, and Carolyn Nussbaum, along with many others. You may also choose to go through the company directly, this tends to work well when purchasing a professional instrument. With FCNY in particular, there are a few Instagram flutists such as @katieflute (Code "KTFL") and @ginalucianiflute (Code "Gina") who work with FCNY directly and provide many videos sampling flutes. They even offer codes, which will get you free shipping during trials, an extended 10-day trial period, and an extended 18-month warranty if you purchase a flute through FCNY. Since ordering multiple flutes on trial can get a little pricey, this will help bring down the cost quite a bit. All flute companies will work with your budget in mind, so if you are not sure what you are looking for, call the company directly and speak to a sales manager. They will help you work around your budget and the specs you are looking for (C# trill key, split E mechanism, D# roller, inline vs offset, etc...).

Once you have created a list of flutes you want to try, start contacting companies to set up trials. During the trialing period, make sure you have set repertoire, etudes, exercises, and scales that you will try with the flutes so there is a direct comparison between each instrument. Write down things you liked and did not like about each flute on the list you created so you can get an idea of what works and does not work for you. If you do not find a flute in the first batch, do not worry, sometimes people try up to 50 flutes until they find the one for them. If you do find one you like, record it and see what it sounds like to the listener. Be sure to record it side by side with other flutes as well so you can pick out the differences. Have your teacher and peers listen blindly and offer feedback, if you all agree on the same flute, then you are off to a good start. Even after you find a flute you like, keep getting more on trial to compare that flute to others, and repeat the process of comparing, taking notes, recording, and playing for other people. If your trial period ends, and you need more time, ask the flute company you are working with if you can have a couple more days with the flutes and they will almost always say yes. It is common to come across a few flutes that might feel like "the one" before you actually find "the one", remember, everything is going to feel amazing in comparison to what you are playing now, that is why you are upgrading!

Eventually, there does come a time when you have to stop trying flutes and make a decision. Once you have tried a good handful of flutes, play and record your favorites for your teacher and peers, and have them give feedback. When you find the right flute, the decision should be clear and it should feel right with no sliver of doubt.



Taylor Poenicke is a senior at Southern Illinois University Edwardsville, where she is pursuing a degree in Flute Performance. She will graduate in May 2019 and plans to go to graduate school to work on a Master's in Flute Performance. Taylor studies with Dr. Shelly Monier and performs on a 14k rose gold Burkart Elite flute with a 14k gold/granadilla lip plate Mancke headjoint.

Meet our Flute Day Guest Artist ~ Amy Porter



Featured in the March 2018 edition of *New on NAXOS* for her recording of Michael Daugherty's *Trail of Tears* with the Albany Symphony Orchestra, flutist Amy Porter has been praised by critics for her exceptional musical talent and passion for scholarship. This captivating performer was described by Carl Cunningham in the *Houston Post* as having "succeeded in avoiding all the overdone playing styles of the most famous flutists today." In *American Record Guide*, flutist Christopher Chaffee wrote, "If you have not heard her playing, you should." Ms. Porter "played with graceful poise," noted Allan Kozinn in *The New York Times*. And Geraldine Freedman, writing in the *Albany Gazette*, commented, "Amy Porter showed that she's not only very versatile but that she can do everything well. She chose a program that tested every aspect of her playing from a Baroque sensibility to using the instrument as a vehicle of sound effects, and she met each challenge with passion, skill and much musicality."

Ms. Porter has been a featured soloist with the American Composers Orchestra at Carnegie Hall's Zankel Hall, and with the Atlanta, Houston, Omaha, Delaware, Albany, Flint, Billings, Battle Creek, Arkansas, and Elgin symphony orchestras. She has twice appeared in recital at the National Concert Hall in Taipei, as well as at Skidmore College's Arthur Zankel Music Center. Her collaborators have included such distinguished conductors as Nicholas McGegan, Ransom Wilson, David Alan Miller, Yoel Levi, Thomas Wilkins, José-Luis Gomez, Enrique Diemecke, David Amado, Anne Harrigan, and Arie Lipsky. She has given premieres of works by Michael Daugherty, Ellen Taaffe Zwilich, Joel Puckett, Christopher Caliendo, Katherine Hoover, and Frank Ticheli, among others.

Winner of the 3rd Kobe International Flute Competition and the Paris/Ville d'Avray International Flute Competition, Ms. Porter has served on international juries around the world, including the 6th Kobe International Flute Competition. She has been heard in recital on National Public Radio; highlighted on PBS's *Live From Lincoln Center*; and featured on the covers and as a writer for the magazines *Flute Talk* in the USA and *The Flute* in Japan.

In 2006 Ms. Porter became the first performing artist to be awarded the University of Michigan's Henry Russel Award for distinguished scholarship and conspicuous ability as a teacher. Her popular study guide on the German composer Sigfrid Karg-Elert elicited the following comment from *Spanish Flute Society*: "Strength, beauty, a captivating and seductive force, sensitivity, perfection and a sense of humor characterize the impressive American flautist Amy Porter."

She has won praise both as a recording artist and as a chamber musician. Corinna da Fonseca-Wollheim, in her *New York Times* review of the CD *In Translation: Selections from J.S. Bach's Cello Suites* on the Equilibrium label, applauded Ms. Porter for her "gleaming, lyrical reading" of those works. As a member of Trio Virado with violist Juan-Miguel Hernandez and guitarist João Luiz, she recorded *Mangabeira*, a CD featuring works by Piazzolla, Brouwer, Hand, Assad and Luiz, about which Ken Keaton wrote in *American Record Guide:* "First let me say that these are fine musicians, and they present a set of performances that are unfailingly strong, expressive, and imaginative."

Formerly a member of the Atlanta Symphony Orchestra, Ms. Porter was recently appointed Principal Flute of North Carolina's Brevard Music Center, where she will perform as soloist, chamber musician, and orchestral player.

Highlights of Ms. Porter's 2018-19 season include performances of Leonard Bernstein's *Halil* with the Brevard Music Center Orchestra and a tour of Missouri with Trio Virado. Recent study guide releases include her latest "THE GAUBERT CYCLE: The Complete Works for Flute and Piano by Philippe Gaubert" with guests Tim Carey and Penelope Fischer. The printed edition, *Philippe Gaubert Treasures for Flute and Piano*, is published by Carl Fischer.

Born in Wilmington, Delaware, Ms. Porter graduated from The Juilliard School and pursued further studies at the Mozarteum Academy in Salzburg. She plays a 14K white gold flute with rose gold engraved keys made for her by the Wm. S. Haynes Co.

Amy Porter is represented worldwide by Sciolino Artist Management (samnyc.us).

Saint Louis Area Teachers:

Shelly Monier 636-375-6205 slmonier@yahoo.com Florissant/Edwardsville

Jan Smith 314-644-6866 jansmithjourney@sbcglobal.net Webster Groves

Kristi Cardoni 702-439-1215 kristi7997@yahoo.com Saint Charles/West County

Paula Bernhardt 618-559-6206 paulab08@yahoo.com Saint Charles/Webster

Jacquelyn Kleine gentlecreations.j@gmail.com 314-753-2097 Creve Couer

Jennifer Garrison Brown 314.772.8341 flutefever@yahoo.com South County

Matthew Allison 717-538-8040 allisonflutestudio@gmail.com Metro Illinois Lisa Gilbert 314-606-9374 lisakristingilbert@gmail.com Webster Groves

Wendy Hymes 314-266-8705 info@wendyhymes.com www.wendyhymes.com Creve Coeur

Heather Hauck 636.259.6295 band_nut@hotmail.com Wentzville

Jennifer Toro Mazzoni 314-394-1167 jtmazzoni@yahoo.com Ballwin, MO 63021

Laura Dwyer (904) 710-4225 Laudwyer@yahoo.com St. Louis

Lisa Gilbert 314) 606-9374 lisakristingilbert@gmail.com Webster Groves

Paula Kasica 314-517-4431 pkasica@gmail.com St. Louis Jan Scott 314-997-6262 jan@wypstlouis.com St. Louis

David Nischwitz 314-910-7899 dnischwitz@gmail.com South City

Jalene Huang 314-610-2054 jalenehuang@gmail.com West County

Amanda Boyer 314-808-4481 Flute_player@hotmail.com Hillsboro, MO

Nancy Donnelly 314-780-0003 Flute_educator@yahoo.com Central West End

Carolyn Hoyer 314-780-0003 allonsy15@charter.net Webster Groves

If you would like to be added to the teacher roster for the newsletter and website, please email Shelly Monier at slmonier@yahoo.com.

PLEASE SUPPORT OUR SPONSORS:

Flute Specialists, Inc.

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Altus Flutes

12020 Eastgate Blvd. Mt. Juliet, TN 37122 (800) 283-4676 altus@altus-jp.com www.altusflutes.com

PHOTO GALLERY - Flute Day 2019











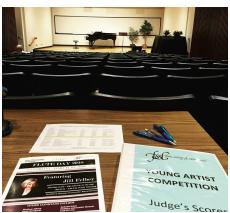




PHOTO GALLERY - Flute Day 2019 cont.













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President/Newsletter Editor - Dr. Shelly Monier

Vice President/Flute Choir Director - Nicholas Baker

Treasurer - Colleen Donohue

Secretary - Paula Bernhardt

Website & Facebook Administrator - Jake Hathaway

Board Member - Dr. Matthew Allison

Board Member - Ron Simmons

Board Member - Resilda Lala

Website: www.flutesocietyofsaintlouis.com

Email: <u>flutesocietyofsaintlouis@gmail.com</u>

Welcome New Board Members



Jake Hathaway



Resilda Lala

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FOR SALE

BURKART PHELAN WAVE STYLE PICCOLO HEAD, SERIAL # 2967, BURKART PHELAN PICCOLO W/ SPLIT E, ~ \$3000 / OBO. Contact David Nischwitz for more information. dnischwitz@gmail.com



Miyazawa MZ-6 .925 heavy wall silver headjoint with 14k riser. Modern style design with an open, warm sound. Purchased used with Miyazawa Classic in 2012, played for about 1 year. Comes with a soft Miyazawa headjoint case. ~ \$1,150 OBO. Contact Leah Stevens for more information. stevensflute91@gmail.com (This headjoint only works with heavy wall flutes)



Miyazawa MZ-7 .958 heavy wall silver headjoint with 9k lip and platinum riser. Modern style design. Purchased in 2014, played for about 3 years. Minor scratches. Comes with a foam Brannen headjoint case. ~\$3,200 OBO. Contact Leah Stevens for more information. stevensflute91@gmail.com (This headjoint only works with heavy wall flutes)



Hammig Grenadilla Piccolo Headjoint with wave cut. Purchased with piccolo in 2016, only used until 2017. Comes in Mancke piccolo headjoint box. ~ \$750. Contact Andy Fukasawa for more information. flobic22@gmail.com





Solid silver 41mm LefreQues. Purchased new in 2015. \$150. Contact Andy Fukasawa for more information. flobic22@gmail.com







Solid silver 41mm LefreQues. Purchased new in 2018. \$175. Contact Andy Fukasawa for more information. flobic22@gmail.com







As a reminder, don't forget to take advantage of the early bird special for our new or renewal annual membership registration. Adult and student memberships are \$5 off until October 31, 2018. Send in your registrations today.